



	<p><b>Marika Li Mettälä</b></p>
<p><b>TAMK</b></p>	<p>Senior Lecturer in Midwifery, Head of Degree Programme in Midwifery, Tampere University of Applied Sciences, Finland</p>
<p><b>Areas of Expertise</b></p>	<ul style="list-style-type: none"> <li>• Innovative pedagogic solutions (coaching, flipped classroom, PBL, pedagogic animation, learning games, simulation, etc.)</li> <li>• Maternity Care, postnatal care</li> <li>• Supervising clinical trainings in hospitals</li> <li>• Midwifery</li> <li>• Normal and complicated delivery</li> <li>• Leadership and job wellbeing</li> <li>• Project coordinating and management</li> <li>• Sexual- and reproductive health and care</li> </ul>
<p><b>Education and work experience</b></p>	<p>Education</p> <ul style="list-style-type: none"> <li>• <b>Master's degree in Health Sciences</b>, 2015   Tampere University, Finland (Master's Thesis: "Parents' experiences of postnatal care on a patient hotel's postnatal ward")</li> <li>• <b>Sonographer, Fetal ultrasound Screening</b>, 2008   Helsinki University of Applied Sciences, Metropolia/Helsinki</li> <li>• <b>Family centered care</b>, 2004   Helsinki University Hospital and Tampere University, Faculty of Health Sciences</li> <li>• <b>Midwife</b>, 1998   Tampere University of Applied Sciences/Tampere</li> </ul> <p>Work experience</p> <ul style="list-style-type: none"> <li>• <b>Lecturer in Midwifery and Nursing, 3.8.2015   Present day</b> Tampere University of Applied Sciences   Kuntokatu 3, 33520 TAMPERE - FINLAND</li> <li>• <b>Midwife</b> <b>21.12.1997 – 6.8.2000</b> Tampere University Hospital Midwife on postnatal ward</li> <li>• <b>Midwife</b> <b>2.11.2000 – 1.6.2008</b> Helsinki University Hospital, Hyvinkää hospital Midwife on pre- and postnatal wards and gynecological ward, delivery room and fetal ultrasound screening</li> </ul>

	<ul style="list-style-type: none"> <li>• <b>Midwife</b> Tampere University Hospital, 11.8.2008 – 2.8.2015 Midwife on delivery room, 11.8.2008 – 31.8.2013 Chief Midwife on delivery room, 1.9.2013 – 2.8.2015</li> </ul>
<b>Presentations</b>	<ul style="list-style-type: none"> <li>• Multiple oral presentations in the ViVa (Wise Choices) Health Promotion project. <a href="http://www.viva.tamk.fi">www.viva.tamk.fi</a> 2015-2020.</li> <li>• Multiple oral Presentation in the International scientific conferences; subjects: preconception health care, safe and normal delivery, innovative pedagogics.</li> <li>• Mettälä, M. 2015. Parents' experiences of postnatal care on a patient hotel's postnatal ward. Oral presentation. Tampere University Hospital.</li> </ul>
<b>Other</b>	<ul style="list-style-type: none"> <li>• Webpages content management <a href="http://www.viva.tamk.fi">www.viva.tamk.fi</a>, <a href="http://nutsneggs.tamk.fi">nutsneggs.tamk.fi</a>, <a href="http://preco.tamk.fi">preco.tamk.fi</a></li> <li>• Animations in <a href="https://youtube.com/vivaviisaatvalinnat">youtube.com/vivaviisaatvalinnat</a>,</li> <li>• Animations in YouTube Project PreconNet</li> <li>• <u>Confident Birth Instructor</u></li> <li>• Designing and making of Baby Bakery – learning game</li> <li>• Finnish Medical Association Quality Reward 2014: Postnatal Care in patient hotel –project</li> </ul> <p><b>Languages</b></p> <ul style="list-style-type: none"> <li>• English</li> <li>• Swedish</li> </ul>